



## Federal Employees Health Benefits 2006 Open Season

This year's annual Federal Employees Health Benefits (FEHB) Open Season will take place **November 13 through December 11, 2006**, during which you may make changes to your health benefits coverage. All Open Season FEHB changes will become effective on January 07, 2007. For additional FEHB information visit:

<http://www.opm.gov/insure/health/index.asp>

Any eligible employee may:

- Enroll in a FEHB Plan
- Change from one plan to another
- Change Options
- Change from self only to self and family or from family to self
- Change premium conversion election



Note: Enrollees whose plans will not be participating in the FEHB Program after December 31, 2006 **MUST** enroll in a different plan to continue FEHB coverage in 2007.

### What is Premium Conversion?

Premium conversion uses Federal tax rules to let employees deduct their share of health insurance premiums from their taxable income, thereby reducing their taxes. Employees who wish to change their premium conversion election must complete a FEHB Premium Conversion Waiver/Election Form located at: [http://www.opm.gov/asd/htm/2000/00-215\\_attach3.doc](http://www.opm.gov/asd/htm/2000/00-215_attach3.doc)

### How Do I Enroll or Make an Enrollment Change?

Employees wishing to enroll or change their enrollment must do so via Employee Express, <http://www.employeeexpress.gov> or telephone voice response system, (800) 571-3453 (TDD) (478) 757-3117. All transactions must be submitted by midnight central standard time on December 11, 2006.

### What is Employee Express?



Employee Express is an automated system that puts you in control of processing your own health benefits, along with other discretionary personnel and payroll actions. Use of Employee Express is mandatory to make changes during the FEHB Open Season.

Any questions concerning this notice, contact:

**NSSC Customer Contact Center**

1-877-NSSC123 or [nssc-contactcenter@nasa.gov](mailto:nssc-contactcenter@nasa.gov)

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